

NWCVPR 18th Annual Conference

Information and Registration Forms

Saturday, May 1st 2010

8:30 AM – 4:30 PM

Swedish Heart Institute - Cherry Hill Campus: Auditorium

500 - 17th Avenue; Cherry Hill Auditorium/Pinard Foyer
Seattle, WA 98122-5711

Objectives of this conference are to provide CVPR professionals in our region with an in-person opportunity to: network informally; glean useful information for their practices and programs; obtain continuing education hours; assess the needs of members and develop an appropriate action plan for NWCVPR to take in the near future.

8:30	Opening Remarks	<i>Dana Gunter, MS</i> NWCVPR President
8:45	How a Greek Grandmother would solve the health care crisis: Which Lifestyle choices really matter for preventing cancer, heart disease, diabetes & dementia	Miles Hassell, MD
9:30	CMS Rules / Cardiac & Pulmonary Rehab Update	Candace Steele RN,C; MA, FAACVPR
10:45	Break – Visit Vendors & Network with Colleagues	
11:00	Effective Treatment of Low HDL and High Triglycerides	Miles Hassell, MD
11:45	NWCVPR Business Meeting	NWCVPR Board
12:30	Lunch Break (<i>Lunch will be provided</i>)	
1:00	Networking Session – “Walk & Talk” (Snow, Rain or Shine!)	Karen & Dana
1:30	Counseling for Tobacco Cessation	Kathie Pritchard
2:30	Break – Visit Vendors	
2:45	Breakout Session #1 – Tobacco Cessation Workshop Breakout Session #2 – Department of Health Update	Kathie Pritchard Kim Kelley
3:45	Cardiac & Pulmonary Rehab – Reimbursement Update	Local Representatives
4:25	Closing Remarks	Karen Edwards, MS,RCEP

Please see below (page 3) for Conference Registration Form and Membership Form

You may register and pay for the Conference and Membership on the morning of the Conference. However, if you are not registering in advance, but plan to attend the Conference, please **RSVP by April 17th** Karen Edwards, NWCVPR Conference Chair: karen.edwards@uhsinc.com.

Location Information

Swedish Heart Institute - Cherry Hill Campus: Pinard Foyer & Auditorium

(The Auditorium is located directly below the Cafeteria)

500 - 17th Avenue, Seattle, WA 98122-5711

Driving directions to Swedish Medical Center / Cherry Hill Campus

From the North, traveling south on I-5:

- Take I-5 southbound to the James Street Exit (No. 165A)
- Turn left (east) onto James
- Note: James will become Cherry Street
Travel east on Cherry 5 blocks to the intersection of Cherry and 16th Avenue
- Turn right (south) onto 16th Avenue
- Turn right into the entrance of the parking garage. **Parking is \$8.00, exact change or debit card needed if no parking attendant.**

From the South, traveling North on I-5:

- Take I-5 northbound to the James Street Exit (No. 164A)
- Stay in the right lane and turn right (east) onto James
- Note: James will become Cherry Street
Travel east on Cherry 5 blocks to the intersection of Cherry and 16th Avenue
- Turn right (south) onto 16th Avenue
- Turn right into the entrance of the parking garage. **Parking is \$8.00, exact change or debit card needed if no parking attendant.**

From the Eastside, traveling west on I-90:

- Take I-90 westbound to the I-5 North Exit (No. 2C)
- Take the James Street Exit (No. 164A)
- Stay in the right lane and turn right (east) onto James
- Note: James will become Cherry Street
Travel east on Cherry 5 blocks to the intersection of Cherry and 16th Avenue
- Turn right (south) onto 16th Avenue
- Turn right into the entrance of the parking garage. **Parking is \$8.00, exact change or debit card needed if no parking attendant.**

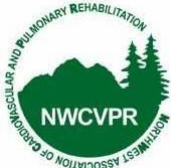
From the Eastside, traveling west on SR-520:

- Take SR-520 westbound to the I-5 South Exit
Take the James Street Exit (No. 165A)
- Stay in the right lane and turn right (east) onto James
- Note: James will become Cherry Street
Travel east on Cherry 5 blocks to the intersection of Cherry and 16th Avenue
- Turn right (south) onto 16th Avenue
- Turn right into the entrance of the parking garage. **Parking is \$8.00, exact change or debit card needed if no parking attendant.**

Hotel Information

We do not have rooms reserved at these hotels, these locations are provided for information purposes only. Rates listed are not guaranteed, estimates only. Please contact the hotel directly for information and reservations.

Sheraton Seattle Hotel & Towers	1400 6th Ave, Seattle, 98101	206-621-9000	www.jdoqocy.com	\$189
Executive Plaza Pacific Hotel	400 Spring St., Seattle, 98104	206-623-3900	www.pacificplazahotel.com	\$129
Renaissance Seattle Hotel	515 Madison St, Seattle, 98101	206-583-0300	www.mariott.com	\$169
Springhill Suites by Marriott	1800 Yale Ave., Seattle,	206-254-0500	www.marriott.com	\$139



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2010 Conference Registration and Membership Application / Renewal

<u>Conference Fee</u> (please circle your intention)→ Other: _____	Member: \$65	Non-Member: \$120	Optional Donation to NWCVPR: \$ _____
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If you plan to attend the conference and regardless of when you plan to pay,
 Please RSVP by April 17th : Email: karen.edwards@uhsinc.com

Food Preference (choose one): Salad _____ Sandwich _____ Vegetarian Yes / No

<u>Membership Options</u> (please circle your intention)→ Note: the membership cycle normally begins and ends in the spring when we have our annual conference.	Professional \$35	Associate* \$35	Student \$15
<u>Membership & Conference Fee</u> Note: by renewing your membership, and attending the conference, you save \$10 off the conference fee.	\$90	\$90	\$70

NOTE: Associate Members and Student Members have no voting privileges, and are not eligible for election to office nor appointment to Committee chairs. Associate Members usually don't work directly with staff or clients in the field of Cardiovascular or Pulmonary Rehab/Prevention.

Name:	
Credentials (Degrees, Certs, etc.):	
Professional Training (Nursing, Respiratory Care, Exercise Science, etc.):	
Preferred E-mail address:	
Preferred Phone Number:	
Preferred Mailing Address:	
Where you work:	
What you do there:	
Are you an AACVPR member?	Y N

Make a copy of this form for yourself then mail this form (with check payable to **NWCVPR**) to:

Shelley Schmitz
NWCVPR Treasurer

5127 N Highland
Ruston, WA 98407

NOTE: Please don't mail after April 24th; rather, bring form and check with you to the conference. *Thank You!*

February 2010